



# defining parent

conscious, informed, inspired parenting

## Refuse to Level Blame

By William Martin

Excerpt from The Parent's Tao Te Ching

There is never a need to blame our children  
for anything.

We can, of course, correct them.

We can guide them gently  
and with wisdom.

But blaming our children  
for their faults

is not the only problem.

Monitor your conversations  
for a seven day period.

Make a note each time  
that you complain or blame  
concerning anything.

Your children listen.

Are they learning to blame others,  
or to take constructive action?